



# Navigating Gastrointestinal Challenges: Insight Into GERD and H. Pylori Management

Dear Colleague:

Thank you for your recent participation in the CME/CE activity, *Navigating Gastrointestinal Challenges: Insights into GERD and H. pylori Management*, developed by the Annenberg Center for Health Sciences. As you continue to advance the care you provide to these patients, here are the key concepts for you to consider:

- Proton pump inhibitors are the mainstay of treatment for erosive and non-erosive GERD
- Upper endoscopy plays a key role in the diagnosis of GERD, erosive esophagitis, and other complications
- Vonoprazan, a potassium-competitive acid blocker, may be considered for the treatment of erosive esophagitis and non-erosive reflux disease
- Optimized bismuth quadruple therapy is the preferred regimen for patients with treatment-naïve *H. pylori* infection

We hope you will be able to participate in other accredited activities we offer. You will find information at [www.Annenberg.net](http://www.Annenberg.net).

Regards,  
The Annenberg Center Team