



CLINICAL COMPENDIUM: REAL WORLD CLINICAL CASE STUDIES ON THE TREATMENT OF MENOPAUSAL SYMPTOMS: AN INTERACTIVE EDUCATIONAL ACTIVITY

Guidelines

El Khoudary SR, Aggarwal B, Beckie TM, et al. Menopause transition and cardiovascular disease risk: Implications for timing of early prevention: a scientific statement from the American Heart Association. *Circulation*. 2020;142(25):e506-e532. doi:10.1161/CIR.0000000000000912

Menopause: identification and management. London: National Institute for Health and Care Excellence (NICE); November 7, 2024. <https://www.nice.org.uk/guidance/ng23/resources/menopause-diagnosis-and-management-pdf-1837330217413>

“The 2022 Hormone Therapy Position Statement of The North American Menopause Society” Advisory Panel. The 2022 hormone therapy position statement of The North American Menopause Society. *Menopause*. 2022;29(7):767-794. doi:10.1097/GME.0000000000002028 <https://menopause.org/wp-content/uploads/professional/nams-2022-hormone-therapy-position-statement.pdf>

“The 2023 Nonhormone Therapy Position Statement of The North American Menopause Society” Advisory Panel. The 2023 nonhormone therapy position statement of The North American Menopause Society. *Menopause*. 2023;30(6):573-590. doi:10.1097/GME.0000000000002200 <https://menopause.org/wp-content/uploads/professional/2023-nonhormone-therapy-position-statement.pdf>

Key Clinical Trials & Articles

Cho L, Kaunitz AM, Faubion SS, et al. Rethinking menopausal hormone therapy: For whom, what, when, and how long? *Circulation*. 2023;147(7):597-610. doi:10.1161/CIRCULATIONAHA.122.061559

Johnson KA, Martin N, Nappi RE, et al. Efficacy and safety of fezolinetant in moderate to severe vasomotor symptoms associated with menopause: A phase 3 RCT. *J Clin Endocrinol Metab*. 2023;108(8):1981-1997. doi:10.1210/clinem/dgad058

Manson JE, Aragaki AK, Rossouw JE, et al. Menopausal hormone therapy and long-term all-cause and cause-specific mortality: The Women's Health Initiative randomized trials. *JAMA*. 2017;318(10):927-938. doi:10.1001/jama.2017.11217

Patient Education & Resources

American College of Obstetricians and Gynecologists

<https://www.acog.org/womens-health/experts-and-stories/the-latest/an-ob-gyns-top-tips-for-managing-hot-flashes>
<https://www.acog.org/womens-health/videos/managing-menopause-symptoms>

MedlinePlus

<https://medlineplus.gov/menopause.html>

The Menopause Society, Menopause Topics

<https://menopause.org/patient-education/menopause-topics>

National Institute on Aging

<https://www.nia.nih.gov/health/menopause/hot-flashes-what-can-i-do>

National Menopause Foundation

<https://nationalmenopausefoundation.org/>

U.S. Department of Health and Human Services: Office on Women's Health, Menopause Basics

<https://womenshealth.gov/menopause/menopause-basics>