



CHOLESTATIC PRURITUS ASSOCIATED WITH PBC: UNDERSTANDING UNMET PATIENT NEEDS AND TREATMENT STRATEGIES

Guidelines

2021 American Association for the Study of Liver Diseases (AASLD) practice guidance for primary biliary cholangitis.

<https://www.aasld.org/practice-guidelines/primary-biliary-cholangitis>

2017 European Association for the Study of the Liver (EASL) Clinical Practice Guidelines: The diagnosis and management of patients with primary biliary cholangitis.

<https://easl.eu/wp-content/uploads/2018/10/PBC-English-report.pdf>

Key Clinical Trials & Articles

Düll MM, Kremer AE. Evaluation and management of pruritus in primary biliary cholangitis. *Clin Liver Dis.* 2022;26(4):727-745. doi:10.1016/j.cld.2022.06.009

Hirschfield GM, Bowlus CL, Mayo MJ, et al. A phase 3 trial of seladelpar in primary biliary cholangitis. *N Engl J Med.* 2024;390(9):783-794. doi:10.1056/NEJMoa2312100

Kowdley KV, Bowlus CL, Levy C, et al. Efficacy and safety of elafibanor in primary biliary cholangitis. *N Engl J Med.* 2024;390(9):795-805. doi:10.1056/NEJMoa2306185

Levy C, Kendrick S, Bowlus CL, et al. GLIMMER: a randomized phase 2b dose-ranging trial of linerixibat in primary biliary cholangitis patients with pruritus. *Clin Gastroenterol Hepatol.* 2023;21(7):1902-1912.e13. doi:10.1016/j.cgh.2022.10.032

Trivedi HD, Lizaola B, Tapper EB, Bonder A. Management of pruritus in primary biliary cholangitis: a narrative review. *Am J Med.* 2017;130(6):744.e1-744.e7. doi:10.1016/j.amjmed.2017.01.037

Patient Education & Resources

American Liver Foundation

<https://liverfoundation.org/liver-diseases/autoimmune-liver-diseases/primary-biliary-cholangitis-pbc/>

Cleveland Clinic Health Essentials How to Manage PBC Itch <https://health.clevelandclinic.org/managing-pbc-itching>

Clinical Liver Disease – Diagnosis and Treatment of Primary Biliary Cholangitis: A Patient-Friendly Summary of the 2018 AASLD Practice Guidance https://journals.lww.com/cld/Fulltext/2021/11000/Diagnosis_and_Treatment_of_Primary_Biliary.8.aspx

MedlinePlus

<https://medlineplus.gov/itching.html>

<https://medlineplus.gov/ency/article/000282.htm>

<https://medlineplus.gov/ency/article/003217.htm>

myPBCteam

<https://www.mypbcteam.com/>

PBC Foundation

<https://www.pbcfoundation.org.uk>

PBCers Organization

<https://pbcers.org>