

# Prurigo Nodularis: Recognizing, Diagnosing and Treating a Rare but Debilitating Disease



## Clinical Resources

American Academy of Dermatology Association. Prurigo nodularis: Signs and symptoms.

<https://www.aad.org/public/diseases/a-z/prurigo-nodularis-symptoms>

Elmariah S, Kim B, Berger T, et al. Practical approaches for diagnosis and management of prurigo nodularis: United States expert panel consensus. *J Am Acad Dermatol*. 2021 Mar;84(3):747-760.

<https://www.sciencedirect.com/science/article/abs/pii/S0190962220321897?via%3Dihub>

IFSI Guideline: Ständer S, Pereira MP, Berger T, et al. IFSI-guideline on chronic prurigo including prurigo nodularis. *Itch*. 2020;5:e42.

[https://lucris.lub.lu.se/ws/portalfiles/portal/90343730/IFSI\\_guideline\\_on\\_chronic\\_prurigo\\_including.13.pdf](https://lucris.lub.lu.se/ws/portalfiles/portal/90343730/IFSI_guideline_on_chronic_prurigo_including.13.pdf)

Kwatra SG. Prurigo Nodularis. *JAMA Dermatol*. 2022;158(3):336. doi:10.1001/jamadermatol.2021.5307.

<https://jamanetwork.com/journals/jamadermatology/fullarticle/2788623>

National Organization for Rare Disorders (NORD). Prurigo nodularis. <https://rarediseases.org/rare-diseases/prurigo-nodularis/>