



## Clinical Resources

### Food Allergy Prevention Guidelines

- American Academy of Allergy, Asthma & Immunology (AAAAI); American College of Allergy, Asthma and Immunology (ACAAI); and the Canadian Society of Allergy and Clinical Immunology (CSACI) 2021 consensus guidelines
  - <https://www.sciencedirect.com/science/article/abs/pii/S2213219820312113?via%3Dihub>
- National Institute of Allergy and Infectious Diseases (NIAID) 2017 guideline addendum
  - <https://www.niaid.nih.gov/diseases-conditions/guidelines-clinicians-and-patients-food-allergy>

### Food Allergy Diagnosis & Treatment Guidelines

- American Academy of Allergy, Asthma & Immunology (AAAAI); the American College of Allergy, Asthma and Immunology (ACAAI); and the Joint Council of Allergy, Asthma & Immunology (JCAAI) 2014 guidelines
  - [https://www.iactionline.org/article/S0091-6749\(14\)00672-1/fulltext](https://www.iactionline.org/article/S0091-6749(14)00672-1/fulltext)
- Global Allergy and Asthma European Network (GA<sup>2</sup>LEN) 2022 OIT guidelines
  - [https://linkinghub.elsevier.com/retrieve/pii/S1939-4551\(22\)00063-1](https://linkinghub.elsevier.com/retrieve/pii/S1939-4551(22)00063-1)
- National Institute of Allergy and Infectious Diseases (NIAID) 2010 guidelines
  - <https://www.niaid.nih.gov/diseases-conditions/guidelines-clinicians-and-patients-food-allergy>

### Emergency Plan Templates

- American Academy of Allergy, Asthma & Immunology (AAAAI)
  - [https://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries/Anaphylaxis-Emergency-Action-Plan\\_FILLABLE.pdf](https://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries/Anaphylaxis-Emergency-Action-Plan_FILLABLE.pdf)
- American Academy of Pediatrics (AAP)
  - [https://downloads.aap.org/HC/AAP\\_Allergy\\_and\\_Anaphylaxis\\_Emergency\\_Plan.pdf](https://downloads.aap.org/HC/AAP_Allergy_and_Anaphylaxis_Emergency_Plan.pdf)
- Food Allergy Research & Education (FARE)—available in English and Spanish
  - <https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/food-allergy-anaphylaxis-emergency-care-plan>

### Epinephrine Guides

- Asthma and Allergy Foundation of America: guides to epinephrine use in different formulations and access programs
  - <https://kidswithfoodallergies.org/living-with-food-allergies/what-is-anaphylaxis/epinephrine-auto-injectors/>
- SnackSafely.com: videos of epinephrine use
  - <https://snacksafely.com/2019/08/a-video-guide-to-emergency-epinephrine-options/>



### **Patient Resources**

- Asthma and Allergy Foundation of America: Kids with Food Allergies
  - <https://kidswithfoodallergies.org/>
- Centers for Disease Control and Prevention: Food Allergies
  - <https://www.cdc.gov/healthyschools/foodallergies/index.htm>
- Food Allergy Research & Education (FARE)
  - <https://www.foodallergy.org/living-food-allergies>