



KEEPING UP WITH ADVANCES IN MS: CASES IN DIAGNOSIS AND TREATMENT, A CASE-BASED ROADMAP FOR IMPROVED PATIENT OUTCOMES IN MULTIPLE SCLEROSIS

Clinical Resources

American Academy of Neurology: <https://www.aan.com/Guidelines/home/ByTopic?topicId=18>

ClinicalTrials.gov (<https://www.clinicaltrials.gov>)

Consortium of Multiple Sclerosis Centers: <https://www.ms-care.org>

Medline Plus: <https://medlineplus.gov/multiplesclerosis.html>

Merck Manual: <https://www.merckmanuals.com/professional/neurologic-disorders/demyelinating-disorders/multiple-sclerosis-ms>

National Multiple Sclerosis Society: <https://www.nationalmssociety.org>

Guidelines

Ford CC, Morrow SA, CMSC DMT Guideline Writing Group. CMSC Practical Guidelines for the Selection of Disease-Modifying Therapies in Multiple Sclerosis. February 2019. Available at: <https://ms-care.sharefile.com/share/view/s79d1bfdca884318b>

Miller DH, Weinshenker BG, Filippi M, et al. Differential diagnosis of suspected multiple sclerosis: a consensus approach. *Mult Scler*. 2008;14(9):1157-1174. doi:10.1177/1352458508096878

Rovira A, Wattjes MP, Tintore M, et al. Evidence-based guidelines: MAGNIMS consensus guidelines on the use of MRI in multiple sclerosis-clinical implementation in the diagnostic process. *Nat Rev Neurol*. 2015;11(8):471-482. doi:10.1038/nrneurol.2016.106

Thompson AJ, Banwell BL, Barkhof F, et al. Diagnosis of multiple sclerosis: 2017 revisions of the McDonald criteria. *Lancet Neurol*. 2018;17(2):162-173. doi:10.1016/s1474-4422(17)30470-2

Traboulsee A, Simon JH, Stone L, et al. Revised Recommendations of the Consortium of MS Centers Task Force for a Standardized MRI Protocol and Clinical Guidelines for the Diagnosis and Follow-Up of Multiple Sclerosis. *AJNR Am J Neuroradiol*. 2016;37(3):394-401. doi:10.3174/ajnr.A4539

Journal Articles

Bowen JD. Highly aggressive multiple sclerosis. *Continuum (Minneap Minn)*. 2019;25(3):689-714. doi:10.1212/con.0000000000000731

Faissner S, Plemel JR, Gold R, Yong VW. Progressive multiple sclerosis: from pathophysiology to therapeutic strategies. *Nat Rev Drug Discov*. 2019;18(12):905-922. doi:10.1038/s41573-019-0035-2



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Lancaster K, Thomson SJ, Chiaravalloti ND, Genova HM. Improving mental health in multiple sclerosis with an interpersonal emotion regulation intervention: A prospective, randomized controlled trial. *Mult Scler Relat Disord*. 2022;60:103543. doi:10.1016/j.msard.2022.103643

Newsome SD, Aliotta PJ, Bainbridge J, et al. CME/CNE Article: A framework of care in multiple sclerosis, part 1: Updated disease classification and disease-modifying therapy use in specific circumstances. *Int J MS Care*. 2016;18(6):314-323. doi:10.7224/1537-2073.2016-051

Newsome SD, Aliotta PJ, Bainbridge J, et al. A framework of care in multiple sclerosis, part 2: Symptomatic care and beyond. *Int J MS Care*. 2017;19(1):42-56. doi:10.7224/1537-2073.2016.062

Nordfalk JM, Holmoy T, Thomas O, Nylenna M, Gulbrandsen P. Training physicians in providing complex information to patients with multiple sclerosis: a randomized controlled trial. *BMJ Open*. 2022;12(3):e049817. doi:10.1136/bmjopen-2021-049817

Rotstein D, Montalban X. Reaching an evidence-based prognosis for personalized treatment of multiple sclerosis. *Nat Rev Neurol*. 2019;15(5):287-300. doi:10.1038/s41582-019-0170-8

Patient Resources

Consortium of Multiple Sclerosis Centers: https://www.msca.org/page/patient_resources

International Progressive MS Alliance: <https://www.progressivemsalliance.org>

Merck Manual: <https://www.merckmanuals.com/professional/neurologic-disorders/demyelinating-disorders/multiple-sclerosis-ms>

MS International Federation: <https://www.msif.org>

Multiple Sclerosis Association of America: <https://www.mymsaa.org>

Multiple Sclerosis Foundation: <https://www.msfocus.org>

National Multiple Sclerosis Society: <https://www.nationalmssociety.org>

The MS Coalition: <https://ms-coalition.org>

WebMD: <https://www.webmd.com/multiple-sclerosis/guide/multiple-sclerosis-support-resources>