



Current Issues Regarding Obesity Treatment and Chronic Weight Management

Clinician Resources

Agency for Healthcare Research and Quality: [The SHARE Approach for Shared Decision Making](#)

American Association of Clinical Endocrinology: [Nutrition and Obesity Resource Center](#)

Apovian CM, Aronne LJ, Bessesen DH, et al. Pharmacological Management of Obesity: An Endocrine Society Clinical Practice Guideline. [J Clin Endocrinol Metab. 2015;100\(2\):342-362.](#)

Center for Medicare & Medicaid Services. [Intensive Behavioral Therapy for Obesity](#)

Fletcher GF, Landolfo C, Niebauer J, Ozemek C, Arena R, Lavie CJ. Promoting physical activity and exercise: JACC Health Promotion series. [J Am Coll Cardiol. 2018;72\(14\):1622-1639.](#)

Fujioka K, Harris SR. Barriers and solutions for prescribing obesity pharmacotherapy. [Endocrinol Metab Clin North Am. 2020;49\(2\):303-314.](#)

Jensen MD, Ryan DH, Apovian CM, et al. 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults. [Circulation. 2014;129\(25 Suppl 2\):S102-S138.](#)

Johnstone J, Herredberg C, Lacy L, et al. What I wish my doctor really knew. The voices of patients with obesity. [Ann Fam Med. 2020;18\(2\):169-171.](#)

Kahan S, Manson JE. Obesity treatment, beyond the guidelines. Practical suggestions for clinical practice. [JAMA. 2019;321\(14\):1349-1350.](#)

Obesity Care Week: [Resources for Healthcare Professionals](#)

Obesity Medicine Association: [Obesity Medicine Education Collaborative](#)

Stop Obesity Alliance: [Weight Can't Wait](#)

The Obesity Society: [Information for Healthcare Providers & Patients](#)

UConn Rudd Center for Food Policy & Health: [Healthcare Providers](#)

U.S. Department of Agriculture: [MyPlate.gov Toolkit](#)

U.S. Department of Health and Human Services:

[Move Your Way® Community Resources](#)

[Physical Activity Guidelines for Americans, 2nd Edition](#)

Wharton S, Lau DCW, Vallis M, et al. Obesity in adults: a clinical practice guideline. [CMAJ. 2020;192\(31\):E875-E891.](#)