



Clinical Compendium:

Contemporary Issues in the Management of Patients With Primary Biliary Cholangitis: An Interprofessional Approach

Dear Colleague:

Thank you for your recent participation in the CE activity *Clinical Compendium: Contemporary Issues in the Management of Patients With Primary Biliary Cholangitis: An Interprofessional Approach*, with Shuba Bhat, PharmD, James Boyer, MD, Sarah Enslin, PA-C, Donald Gardenier, DNP, and Seth Sclair, MD, developed by the Annenberg Center for Health Sciences. As you continue to advance the care you provide to these patients, here are the key concepts for you to consider:

- Primary biliary cholangitis (PBC) is a chronic, cholestatic disorder that can present with or without symptoms. The most common symptoms upon presentation are itching and fatigue.
- PBC is diagnosed with an elevated alkaline phosphatase and the presence of antimitochondrial antibodies.
- Patients with elevated bilirubin are at greatest risk of mortality.
- Ursodiol is the mainstay of treatment for patients with PBC and has significantly altered the progression of PBC. Obeticholic acid and fibrates may also be used as second- and third-line options.
- Patients with PBC can be medically complex and are served best by interprofessional models of care.

We hope you will be able to participate in other accredited activities we offer. You will find information at www.Annenberg.net.

Regards,
The Annenberg Center Team